

Washington County Holiday Food Basket Program 2009

Holiday Toy/Food Guidelines: Suggestions for a Family of Four

1. Toys: At minimum, a new gift for each child
2. Food: The below chart includes a summary of food needs. The left column includes suggestions for a traditional December Holiday meal. The right column includes a list of additional groceries and non-food items if you would like to provide more support.

Holiday Meal Items	Additional Pantry Items
Traditional Holiday Foods Stuffing Mix Cranberry Sauce Pickles Olives Yams Gravy Mix Traditional Latino Holiday Foods Rice Beans Fresh Tomatoes Lettuce Cooking Oil Masa Harina or Tortillas	Staples Cooking Oil Flour Sugar Baking Mix Cereal Peanut Butter & Jelly Rice Beans Pasta Juices Canned, fresh or frozen fruit Canned, fresh or frozen vegetables
Poultry/Meat (select one) 1 Turkey (approx. 12 lb.) 1 Ham (approx. 6 lb.) 1 – 2 Chicken(s) Some Latino Families Prefer Hamburger	Prepared Foods Mac & Cheese Spaghetti Sauce Hamburger Helper Soups
Canned or Frozen Fruit & Vegetables 4 cans of each 4 – 2 lb. frozen bags of each Fresh Produce Lettuce Celery Tomatoes Apples Oranges	Non – Food Items
Dairy Eggs Cheese Butter Milk	Personal Hygiene Toothpaste Toothbrush Feminine Hygiene Shampoo Diapers Soap Deodorant
Dessert Pumpkin Pie Mix Cake Mix Prepared Pie Prepared Cake	Paper Goods Paper Towels Toilet Paper Foil Wrap Disposable Roasting Pan Household Cleaning Products Cleaning Products Sponges Dish Soap Laundry Products